

# Weight Management Programs that offer Optifast®

## ALBERTA

### Calgary

#### 1- Calgary Weight Management Centre

Bridgeland Professional Centre

206a 1010 - 1st Ave NE

Calgary, AB

T2E 7W7

Phone: (403) 272-CWMC(2962)

Email: [info@cwmc.ca](mailto:info@cwmc.ca)

Website : [www.cwmc.ca](http://www.cwmc.ca)

#### 2- Rhythm Health

601 67 Ave SW

Calgary, AB

T2V 0M3

Phone: (403) 255-5868

Email: [info@rhythmhealth.ca](mailto:info@rhythmhealth.ca)

Website: [www.rhythmhealth.ca](http://www.rhythmhealth.ca)

#### 3- Nutrition & Weight Management

4640 17 Ave NW

Calgary, AB

T3B 0P3

Phone: (403) 247-8808

#### 4- Health Watch Medical Clinic

5809 Macleod Trail SW

Calgary, AB

T2H 0J9

Phone: (403) 452-9308

Email: [info@healthwatchclinic.ca](mailto:info@healthwatchclinic.ca)

Website: [www.healthwatchclinic.ca](http://www.healthwatchclinic.ca)

### Edmonton

#### 5- Westview Primary care network

101,505 Queen Street,

Spruce Grove, AB

T7Z 2V2

Phone: 780.960.9533

Email: [wpcn.admin@westviewpcn.ca](mailto:wpcn.admin@westviewpcn.ca)

Website: <http://www.westviewpcn.ca/>

#### 6- Ideal Medical Center

12147 82 St NW

Edmonton, AB

T5B 2W8

Phone: (780) 756-1234

### **7- FEMME HOMME Medical**

6109 Currents Drive

Edmonton, AB

T6W 2Z4

Phone: (587) 855-4460

Email: [concierge@FHMedical.ca](mailto:concierge@FHMedical.ca)

Website: [www.fhmedical.ca](http://www.fhmedical.ca)

### **8- Tawa Medical Centre**

3015 66 St NW

Edmonton, AB

T6K 4B2

Phone: (587) 523-6334

## **BRITISH COLOMBIA**

### **Coquitlam**

#### **1- Medical Weight Management Centre**

1550 United Boulevard

Coquitlam, British Columbia

V3K 6Y2

Phone: (604) 777-5500

Email: [info@medweight.ca](mailto:info@medweight.ca)

Website: [www.medweight.ca](http://www.medweight.ca)

### **North Vancouver**

#### **2- Medical Bariatrics Canada**

Dr. Francis Vala

230 150 W Esplanade

North Vancouver, BC

V7M 1A3

Phone: (604) 973-0167

Email: [info@medicalbariatricscanada.com](mailto:info@medicalbariatricscanada.com)

Website: [www.medicalbariatricscanada.com](http://www.medicalbariatricscanada.com)

### **Vancouver**

#### **3- Stein Medical Clinic**

Stein Medical Clinic

Bentall 5 Lobby

188 - 550 Burrard St.

Vancouver, BC

V6C 2B5

Phone: (604)688-5924

Website : [www.DoctorOughtred.com](http://www.DoctorOughtred.com)

#### **4- Preventum Personalized Healthcare**

3210 Dunbar Street

Vancouver, BC

V6S 2B7

Phone: (604) 731-9866

Email: [info@preventum.ca](mailto:info@preventum.ca)

Website: [www.preventum.ca](http://www.preventum.ca)

# ONTARIO

## Aurora

### 1- Aurora Bariatric Clinic

303-372 Hollandview Trail

Aurora, ON

L4G 0A5

Phone: (905) 503-4002

Website: <http://www.abcweightmanagement.ca/>

## Brampton

### 2- Peel Weight Loss

2250 Bovaird Drive East

Brampton, ON

L6R 0W3

Phone: (905) 595-4966

## Bolton

### 3- Intervent Weight Management

209-170 McEwan Drive, Bolton ON L7E 4C8

1-888-700-WEIGHTLOSS (9344)

[start@interventwm.com](mailto:start@interventwm.com)

<http://interventwm.com/>

## Guelph

### 4- Guelph General Hospital

125 Delhi St.

Guelph ON, N1T 4J5

(519) 837-6440 x2700

## Hamilton

### 5- Hamilton Bariatric Clinic

St. Joseph's Healthcare Hamilton; West 5th Campus

100 West 5th St. L9C 0E3

Hamilton, ON

Phone: (905) 522-1155 Ext. 33240

Website: [www.stjoes.ca](http://www.stjoes.ca)

## Kingston

### 6- Kingston Bariatric Regional Assessment and Treatment Centre

Hotel Dieu Hospital

166 Brock Street

Kingston, ON

K7L 5G2

Phone: (613) 544-3310, ext. 3550

Website: <http://www.hoteldieu.com/programs-and-departments>

## London

### 7- London Health Sciences

B8-001, University Hospital, LHSC, 339 Windermere Road, London, N6A 5A5.

Sarita Gupta [Sarita.Gupta@lhsc.on.ca](mailto:Sarita.Gupta@lhsc.on.ca)

## Ottawa

### 8- The Weight Management and Bariatric Clinic

The Ottawa Hospital Civic Campus

Maurice Grimes Lodge, 3rd floor

1053 Carling Avenue

Ottawa, ON

K1Y 4E9

Phone: (613) 761-5101

Website: [www.weightclinic.ca](http://www.weightclinic.ca)

### 9- LEAF Weight Management Clinic

Gloucester Centre; Inside Loblaws

1980 Ogilvie Road

Ottawa, Ontario

K1J 9L3

Phone: 613-701-1222

Email: [info@leafwmc.com](mailto:info@leafwmc.com)

Website: [www.leafwmc.com](http://www.leafwmc.com)

## North Bay

### 10- North Bay Weight Loss

1950 Algonquin Ave, North Bay, ON

P1B 4Z2

Phone: (705) 495-6232

## Sault St-Marie

### 11-Superior Bariatrics

264 McNabb St

Sault Ste Marie, ON

P6B 1Y6

## Sudbury

### 12- Health Sciences North

865 Regent Street South

Sudbury, ON, P3E 4T2

(705) 671-5611 x2918

### 13- Weight Loss North

205 Douglas Street

Sudbury, Ontario

P3E 1E9

Phone: 1-855-674-4300

Email: [info@weightlossnorth.ca](mailto:info@weightlossnorth.ca)

Website: <http://weightlossnorth.ca>

## Toronto

### 14- Humber River Hospital Bariatric Clinic

Humber River Regional Hospital  
1235 Wilson Avenue  
Toronto, ON  
M3M 0A7  
Phone: (416) 242-1000 #23300

### 15- Dr Peter Goldfarb

Village Health  
85 Laird Dr; Suite 201  
Toronto  
M4G 3T7  
416-445-4459  
Email: [information@OPTIFAST.ca](mailto:information@OPTIFAST.ca)  
Website: [www.optifast.ca](http://www.optifast.ca)

### 16- MedCan Clinic

150 York Street, Suite 1500  
Toronto, ON  
M5H 3S5  
Phone: (416) 350-5918  
Fax: (416) 350 - 5981  
Email: [weightmanagement@medcan.com](mailto:weightmanagement@medcan.com)  
Website: <http://www.medcan.com>

### 17- Edge MD

EdgeMD Weight Management Clinic  
[www.edgemd.ca](http://www.edgemd.ca)  
[info@edgemd.ca](mailto:info@edgemd.ca)  
T: (647) 362-2090  
F: (647) 277-9093  
1110 Sheppard Ave. E., Suite 506  
Toronto, Ontario  
M2k 2W2

EdgeMD Weight Management Clinic  
[www.edgemd.ca](http://www.edgemd.ca)  
[info@edgemd.ca](mailto:info@edgemd.ca)  
T: (647) 362-2090  
F: (647) 277-9093  
701 Sheppard Ave E., Suite 218  
Toronto, Ontario  
M2K 2Z3

EdgeMD Weight Management Clinic  
[www.edgemd.ca](http://www.edgemd.ca)  
[info@edgemd.ca](mailto:info@edgemd.ca)  
T: (647) 362-2090  
F: (647) 277-9093  
2038 Victoria Park Ave.  
Toronto, Ontario  
M1R 1V2

EdgeMD Weight Management Clinic

[www.edgemd.ca](http://www.edgemd.ca)

info@edgemd.ca

T: (647) 362-2090

F: (647) 277-9093

4800 Leslie St., Suite 303

North York, ON

M2J 2K9

## Thunder Bay

### 18- Thunder Bay Regional Bariatric Care Centre

Thunder Bay Regional Health Sciences Centre

Medical Building, Suite 104

984 Oliver Road

Thunder Bay, ON

P7B 6V4

Phone: (807) 684-6058

Website: <http://www.tbrhsc.net/programs & services/bariatric care centre.asp>

### 19- Oak Medical Arts

Academy Clinic

554 Beverly St.

Thunder Bay, ON

(807) 344-4540

Website: <https://www.oakmedicalarts.com/>

## Waterloo

### 20- Dr. Jigna Purohit

Medical Centre Suite 300

430 The Boardwalk Waterloo

On N2T 1C0

Phone: (519) 745-5621

## Vaughan

### 21- 101 Medical Centre

1520 Steeles Ave. West, Unit 101

Vaughan, ON

L4K 3B9

Phone: (905) 597-4457

Fax: (905) 597-4458

Website: <http://www.101medical.ca>

# QUEBEC

## Montreal

### 1- The Montreal Comprehensive Weight Management Program

Centre Medical Les Cours

1455 Peel St #111

Montreal, QCH3A 1T5Phone: 514-737-3360

Email:montrealcomprehensive@gmail.com

Website: [www.montrealcomprehensive.ca/](http://www.montrealcomprehensive.ca/)

## **2-Clinique Lacroix**

1000 chemin ste-Foy local 116

Quebec (Qc)

G1S2L6

418-871-1911

Andréanne Martin <[amartin@andreannemartin.com](mailto:amartin@andreannemartin.com)>

Cliniquesmedicaleslacroix.com

## **Saint-Laurent**

### **1 -Physimed**

6363 Rte Transcanadienne #121

Saint-Laurent, QC

H4T 1Z9

Phone: (514) 737-3360

Email: montrealcomprehensive@gmail.com

Website: [www.montrealcomprehensive.ca/](http://www.montrealcomprehensive.ca/)