

# Weight Management Programs that offer Optifast®

## ALBERTA

### Calgary

#### **Calgary Weight Management Centre**

Bridgeland Professional Centre

206a 1010 - 1st Ave NE

Calgary, AB T2E 7W7

Phone: (403) 272-CWMC(2962)

Email: [info@cwmc.ca](mailto:info@cwmc.ca)

Website : [www.cwmc.ca](http://www.cwmc.ca)

#### **IM Wellness**

1410-10655 Southport Rd

Calgary, AB

T2W 4Y1

Phone: 587-393-8482

#### **Rhythm Health**

601 67 Ave SW

Calgary, AB

T2V 0M3

Phone: (403) 255-5868

Email: [info@rhythmhealth.ca](mailto:info@rhythmhealth.ca)

Website: [www.rhythmhealth.ca](http://www.rhythmhealth.ca)

#### **Nutrition & Weight Management**

4640 17 Ave NW

Calgary, AB

T3B 0P3

Phone: (403) 247-8808

#### **Health Watch Medical Clinic**

5809 Macleod Trail SW

Calgary, AB

T2H 0J9

Phone: (403) 452-9308

Email: [info@healthwatchclinic.ca](mailto:info@healthwatchclinic.ca)

Website: [www.healthwatchclinic.ca](http://www.healthwatchclinic.ca)

### Edmonton

#### **Westview Primary Care Network**

101,505 Queen Street,  
Spruce Grove, AB  
T7Z 2V2  
Phone: 780-960-9533  
Email: [wpcn.admin@westviewpcn.ca](mailto:wpcn.admin@westviewpcn.ca)  
Website: <http://www.westviewpcn.ca/>

**Ideal Medical Center**

12147 82 St NW  
Edmonton, AB T5B 2W8  
Phone: (780) 756-1234

**FEMME HOMME Medical**

6109 Currents Drive  
Edmonton, AB  
T6W 2Z4  
Phone: (587) 855-4460  
Email: [concierge@FHMedical.ca](mailto:concierge@FHMedical.ca)  
Website: [www.fhmedical.ca](http://www.fhmedical.ca)

**Tawa Medical Centre**

3015 66 St NW  
Edmonton, AB  
T6K 4B2  
Phone: (587) 523-6334

**Terra Losa Medical Clinic**

9760 170 St NW  
Edmonton, AB  
T5T 5L4  
Phone: 780-486-3660

**Spruce Grove**

**ConnectCare Medical Clinic**

215-20 Westwind Dr  
Spruce Grove, AB  
T7X 0Y5  
Phone: 587-461-2050

## BRITISH COLUMBIA

**Coquitlam**

**Medical Weight Management Centre**

1550 United Boulevard

Coquitlam, British Columbia  
V3K 6Y2  
Phone: (604) 777-5500  
Email: [info@medweight.ca](mailto:info@medweight.ca)  
Website: [www.medweight.ca](http://www.medweight.ca)

### North Vancouver

#### Medical Bariatrics Canada

Dr. Francis Vala  
230 150 W Esplanade  
North Vancouver, BC  
V7M 1A3  
Phone: (604) 973-0167  
Email: [info@medicalbariatricscanada.com](mailto:info@medicalbariatricscanada.com)  
Website: [www.medicalbariatricscanada.com](http://www.medicalbariatricscanada.com)

### Vancouver

#### Stein Medical Clinic

Bentall 5 Lobby  
188 - 550 Burrard St.  
Vancouver, BC  
V6C 2B5  
Phone: (604)688-5924  
Website: [www.DoctorOughtred.com](http://www.DoctorOughtred.com)

#### Preventum Personalized Healthcare

3210 Dunbar Street  
Vancouver, BC, V6S 2B7  
Phone: (604) 731-9866  
Email: [info@preventum.ca](mailto:info@preventum.ca)  
Website: [www.preventum.ca](http://www.preventum.ca)

## ONTARIO

### Aurora

#### Aurora Bariatric Clinic

303-372 Hollandview Trail  
Aurora, ON  
L4G 0A5  
Phone: (905) 503-4002  
Website: <http://www.abcweightmanagement.ca/>

### Brampton

#### Peel Weight Loss

2250 Bovaird Drive East  
Brampton, ON  
L6R 0W3  
Phone: (905) 595-4966

**Canmed Clinics LTD**

Endo.gupta@canmedclinics.ca  
18 Kensington Rd, Suite 105 Brampton ON L6T 4S5  
Phone: 416-599-5499

**Bolton**

**Intervent Weight Management**

209-170 McEwan Drive, Bolton ON L7E 4C8  
start@interventwm.com  
Phone: 1-888-700-WEIGHTLOSS (9344)  
Website: <http://interventwm.com/>

**Collingwood**

Sustain Medical  
Dr. Michael Lisi  
Shipyards Medical Arts Centre  
28 Huron st. Suite 300  
Collingwood Ontario  
L9Y 1C4  
Phone: 705-444-0089

**Guelph**

**Guelph General Hospital**

125 Delhi St.  
Guelph ON, N1T 4J5  
(519) 837-6440 x2700

**Hamilton**

**Hamilton Bariatric Clinic**

St. Joseph's Healthcare Hamilton; West 5th Campus  
100 West 5th St. L9C 0E3  
Hamilton, ON  
Phone: (905) 522-1155 Ext. 33240  
Website: [www.stjoes.ca](http://www.stjoes.ca)

**Elm Medicine**

4-1521 Upper Ottawa St.  
Hamilton Ontario  
L8W 3J4  
Phone: 905-318-3006

## Kingston

### **Kingston Bariatric Regional Assessment and Treatment Centre**

Hotel Dieu Hospital

166 Brock Street

Kingston, ON

K7L 5G2

Phone: (613) 544-3310, ext. 3550

Website: <http://www.hoteldieu.com/programs-and-departments>

## Markham

### **Canmed Clinics LTD**

[Endo.gupta@canmedclinics.ca](mailto:Endo.gupta@canmedclinics.ca)

8 Shadlock St, Unit 1 Markham, ON

L3S 3K9

Phone: 416-599-5499

## Mississauga

### **79 Dundas St Health Care Centre**

Dr. Garcia

79 Dundas st W

Mississauga Ontario

L5B 1H7

Phone: 905-275-1309

### **Lisgar Woods Medical Centre**

6970 Lisgar Drive

Mississauga Ontario

L5N 8C8

Phone: +1 (289) 772-6942

Email: [samekladious@gmail.com](mailto:samekladious@gmail.com)

Website: <https://www.lisgarwoodsmedical.com/>

## Ottawa

### **The Weight Management and Bariatric Clinic**

The Ottawa Hospital Civic Campus

Maurice Grimes Lodge, 3rd floor

1053 Carling Avenue

Ottawa, ON

K1Y 4E9

Phone: (613) 761-5101

Website: [www.weightclinic.ca](http://www.weightclinic.ca)

### **LEAF Weight Management Clinic**

Gloucester Centre; Inside Loblaws

1980 Ogilvie Road

Ottawa, Ontario

K1J 9L3

Phone: 613-701-1222  
Email: [info@leafwmc.com](mailto:info@leafwmc.com)  
Website: [www.leafwmc.com](http://www.leafwmc.com)

### **Wawa**

#### **Wawa Family Health Team**

17 Government Rd  
Wawa Ontario  
P0S 1K0  
Phone: 705-856-2335

### **North Bay**

#### **North Bay Weight Loss**

1950 Algonquin Ave, North Bay, ON  
P1B 4Z2  
Phone: (705) 495-6232

### **Sault St-Marie**

#### **Superior Bariatrics**

264 McNabb St Sault Ste Marie, ON P6B 1Y6

### **Sudbury**

#### **Health Sciences North**

865 Regent Street South Sudbury, ON, P3E 4T2 (705) 671-5611 x2918

#### **Weight Loss North**

205 Douglas Street  
Sudbury, Ontario  
P3E 1E9  
Phone: 1-855-674-4300  
Email: [info@weightlossnorth.ca](mailto:info@weightlossnorth.ca)  
Website: <http://weightlossnorth.ca>

### **Toronto**

#### **Humber River Hospital Bariatric Clinic**

Humber River Regional Hospital  
1235 Wilson Avenue  
Toronto, ON, M3M 0A7  
Phone: (416) 242-1000 #23300

#### **Medical Supplies Canada Inc**

Main Intersection: Keele St & Hwy401  
Toronto Ontario  
M3M 0B8  
[RN.MSCN@gmail.com](mailto:RN.MSCN@gmail.com)  
Phone: 647-348-8464

**Dr Peter Goldfarb**

Village Health  
85 Laird Dr; Suite 201  
Toronto M4G 3T7  
416-445-4459  
Email: [information@OPTIFAST.ca](mailto:information@OPTIFAST.ca)  
Website: [www.optifast.ca](http://www.optifast.ca)

**MedCan Clinic**

150 York Street, Suite 1500  
Toronto, ON, M5H 3S5  
Phone: (416) 350-5918  
Fax: (416) 350 - 5981  
Email: [weightmanagement@medcan.com](mailto:weightmanagement@medcan.com)  
Website: <http://www.medcan.com>

**EdgeMD Weight Management Clinic**

[www.edgemd.ca](http://www.edgemd.ca)  
[info@edgemd.ca](mailto:info@edgemd.ca)  
T: (647) 362-2090  
F: (647) 277-9093  
1110 Sheppard Ave. E., Suite 506  
Toronto, Ontario  
M2k 2W2

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[www.edgemd.ca](http://www.edgemd.ca)  
[info@edgemd.ca](mailto:info@edgemd.ca)  
T: (647) 362-2090  
F: (647) 277-9093  
701 Sheppard Ave E., Suite 218  
Toronto, Ontario  
M2K 2Z3

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[info@edgemd.ca](mailto:info@edgemd.ca)  
T: (647) 362-2090  
F: (647) 277-9093  
2038 Victoria Park Ave.  
Toronto, Ontario  
M1R 1V2

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[www.edgemd.ca](http://www.edgemd.ca)  
[info@edgemd.ca](mailto:info@edgemd.ca)  
T: (647) 362-2090

F: (647) 277-9093  
4800 Leslie St., Suite 303  
North York, ON  
M2J 2K9

### **Peel Weight Loss**

<https://www.peelweightlossclinic.com/>

T: (905) 792 6223  
1017 Wilson Avenue, Suite 104  
Toronto on M3K 1Z1

### **Thunder Bay**

#### **Thunder Bay Regional Bariatric Care Centre**

Thunder Bay Regional Health Sciences Centre  
Medical Building, Suite 104  
984 Oliver Road  
Thunder Bay, ON  
P7B 6V4  
Phone: (807) 684-6058  
Website: [http://www.tbrhsc.net/programs\\_&\\_services/bariatric\\_care\\_centre.asp](http://www.tbrhsc.net/programs_&_services/bariatric_care_centre.asp)

#### **Oak Medical Arts**

Academy Clinic 554 Beverly St. Thunder Bay, ON (807) 344-4540  
Website: <https://www.oakmedicalarts.com/>

### **Vaughan**

101 Medical Centre  
1520 Steeles Ave. West, Unit 101  
Vaughan, ON  
L4K 3B9  
Phone: (905) 597-4457  
Fax: (905) 597-4458  
Website: <http://www.101medical.ca>

## **QUEBEC**

### **Montreal**

#### **The Montreal Comprehensive Weight Management Program**

Centre Medical Les Cours  
1455 Peel St #111  
Montreal, QCH3A 1T5 Phone: 514-737-3360  
Email: [montrealcomprehensive@gmail.com](mailto:montrealcomprehensive@gmail.com)  
Website: [www.montrealcomprehensive.ca/](http://www.montrealcomprehensive.ca/)

#### **Clinique Lacroix**

1000 chemin ste-Foy local 116  
Quebec (Qc)  
G1S2L6  
Phone 418-871-1911  
Andréanne Martin <amartin@andreannemartin.com>  
Cliniquesmedicaleslacroix.com

### **Saint-Laurent**

#### **Physimed**

6363 Rte Transcanadienne #121 Saint-Laurent, QC  
H4T 1Z9  
Phone: (514) 737-3360  
Email: montrealcomprehensive@gmail.com  
Website: [www.montrealcomprehensive.ca/](http://www.montrealcomprehensive.ca/)